



healthy conversations

UPCOMING LECTURES & EVENTS



Heart To Heart – Hospice Care
Wednesday, January 3 • 10am
Tiffany Louis, Outreach Coordinator, Trustbridge Health
The Duncan Center | 15820 S. Military Trail, Delray Beach



Shoulder Injuries in the Aging Athlete
Wednesday, January 17 • 12:30pm
Curtis Kephart, MD, Orthopaedic Surgery
Weisman Community Center | Ruth & Norman Rates JFS
7091 W. Atlantic Ave., Delray Beach



Medication Safety
Wednesday, January 3 • 1pm
Michelle Wiltse, Pharm.D.
Weisman Community Center | Ruth & Norman Rates JFS
7091 W. Atlantic Ave., Delray Beach



Weight Loss Surgery: Question and Answer Forum
Tuesday, January 23 • 6pm
Erica Podolsky, MD, Bariatric Surgery
Delray Medical Center Tower Lobby | 5352 Linton Blvd., Delray Beach



Atrial Fibrillation
Thursday, January 4 • 10am
Yoel Vivas, MD, Electrophysiology
South County Civic Center | 16700 Jog Road, Delray Beach
Light refreshments served.



Hip Pain: What Are My Options?
Wednesday, January 24 • 1pm
John Wang, MD, Orthopaedic Surgery
Weisman Community Center | Ruth & Norman Rates JFS
7091 W. Atlantic Ave., Delray Beach



Asthma
Wednesday, January 10 • 1:30pm
David Kateb, MD, Pulmonology
Weisman Community Center | Ruth & Norman Rates JFS
7091 W. Atlantic Ave., Delray Beach



Advanced Directives and DNRs
Friday, January 26 • 3pm
Joseph Gerasci, RN, BC, LHRM
Delray Beach Public Library | 100 W. Atlantic Ave., Delray Beach



Preventing Falls in Your Home
Friday, January 12 • 3pm
Mari Hoover McGarry, RN, CEN, CCRN, TCRN,
Trauma Injury Prevention Coordinator
Delray Beach Public Library | 100 W. Atlantic Ave., Delray Beach



My Big Toe Hurts and is Keeping Me Out of the Game
Wednesday, January 31 • 1pm
Eric Lloyd, MD, Orthopaedic Surgery
Weisman Community Center | Ruth & Norman Rates JFS
7091 W. Atlantic Ave., Delray Beach



Viagra Failed Me. Now What? A Lecture About Erectile Dysfunction
Monday, January 15 • 3pm
Emanuel Gottenger, MD, Urology
Delray Beach Public Library | 100 W. Atlantic Ave., Delray Beach



Wellness Screening Expo
Friday, February 2 • 8am-12pm
Complimentary Screenings and Health Information
South County Civic Center | 16700 Jog Road, Delray Beach



Prostate Cancer Support Group
Lawrence Yore, MD and Emanuel E. Gottenger, MD, Urologists
Delray Medical Center at Fair Oaks Pavilion
Held first Wednesday of each month at 7pm.

Acquired Brain Injury Support Group
2nd Wednesday of every month
Led by Dr. Lee H. Bukstel
Pinecrest Rehabilitation Hospital | 5360 Linton Blvd., Delray Beach

FOR RESERVATIONS, PLEASE CALL **855.828.7600**